



2017 UIPM LASER RUN CITY TOUR (LRCT)

[CITY, DATE OF THE COMPETITION]

START & RESULTS LISTS TEMPLATE

GUIDELINE ON FILLING START & RESULTS LISTS

1. Competition formats

1.1 Individual

1.1.1 Elite Division (for competitive athletes)

Age	Birth year (in 2017)	Running Sequences	Total Distance	Shooting Sequences	Distance to the targets
Under 11	2007 - 2008	2x400m	800m	2x5 hits	5m (2 hands optional)
Under 13	2005 - 2006	3x400m	1200m	3x5 hits	5m
Under 15	2003 - 2004	4x400m	1600m	4x5 hits	7m
Under 17	2001 - 2002	4x400m	1600m	4x5 hits	10m
Under 19	1999 - 2000	4x800m	3200m	4x5 hits	10m
Juniors	1998 - 1996	4x800m	3200m	4x5 hits	10m
Seniors	1995 - 1978	4x800m	3200m	4x5 hits	10m
Master 40+	1977 - 1968	4x400m	1600m	4x5 hits	10m
Master 50+	1967 - 1958	3x400m	1200m	3x5 hits	7m
Master 60+	1957 and over	3x400m	1200m	3x5 hits	7m

1.1.2 Open Division (for schools and public without any experience)

Age	Birth year (in 2017)	Running Sequences	Total Distance	Shooting Sequences	Distance to the targets
Under 11	2007 - 2008	2x800m	1600m	2x5 hits	5m (2 hands optional)
Under 15	2003 - 2004	3x800m	2400m	3x5 hits	7m
Under 19	1999 - 2000	4x800m	3200m	4x5 hits	7m
Juniors - Seniors	1998 - 1978	4x800m	3200m	4x5 hits	7m
Master 40+	1977 and over	3x800m	2400m	3x5 hits	7m

1.2 Mixed Relay (1 female & 1 male participant). Mixed Relay is optional and can be organized only for Elite Division.

Age	Birth year (in 2017)	Running Sequences (per person)	Total Distance (per person)	Shooting Sequences (per person)	Distance to the targets
Under 11	2007 - 2008	2x400m	800m	2x5 hits	5m (2 hands optional)
Under 13	2005 - 2006	2x400m	1200m	2x5 hits	5m
Under 15	2003 - 2004	2x400m	1600m	2x5 hits	7m
Under 17	2001 - 2002	2x400m	1600m	2x5 hits	10m
Under 19	1999 - 2000	2x800m	3200m	2x5 hits	10m
Juniors	1998 - 1996	2x800m	3200m	2x5 hits	10m
Seniors	1995 - 1978	2x800m	3200m	2x5 hits	10m
Master 40+	1977 - 1968	2x400m	1600m	2x5 hits	10m
Master 50+	1967 - 1958	2x400m	1200m	2x5 hits	7m
Master 60+	1957 and over	2x400m	1200m	2x5 hits	7m

2. Start List and Results List

The template combines the Start List and Results List features and it can be multiplied based on the number of the Heats and Finals.

For the Start List the LOC should use provided by UIPM Start List and Results Template which once the race has finished can be easily transformed into the Results List.

In Start List the columns Finishing Time and Finishing Place remain empty and this information should be added upon the end of each Heat or Final.

At the columns Finishing Time and Finishing Place the LOC can use the following abbreviations once it is necessary:

DNS - Did not Start (when participant did not appear at the Start line)

DNF - Did not finish (when participant did not finish the race)

EL - Elimination according UIPM Rules

DSQ - Disqualification according UIPM Rules

3. Submission of the results

The LOC will have within 24 hours after the end of the competition to submit results of all Heats and Finals by current Excel sheet. The Results Lists should be sent to the UIPM at the e-mail address bt-wsb-results@pentathlon.org.

It is recommended that LOC dedicates special results team which will be responsible for Start and Results Lists.

LOC can contact UIPM at the e-mail address bt-wsb-results@pentathlon.org if facing difficulties with template and need further clarification on Start or Results Lists.

The LOC is responsible for collection of all correct participants' data including but not limited to UIPM ID number and date-year of birth.

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2017 UIPM LASER RUN CITY TOUR (LRCT)										
Sausset Les Pins - 08/04/2017										
START & RESULTS LISTS TEMPLATE										
INDIVIDUAL COMPETITION										
Elite Division or Open Division (please write relevant): Elite Division										
Age Group		U13		Gender		Feminin				
Running Sequence		3 x 400m		Shooting Distance		5m				
Heat number or Final (please write relevant): Final										
#	Start Number	Athlete		UIPM ID for athlete	Date of Birth (dd/mm/yy)	Nation	City	School/ Club Name	Finishing Time (mm:ss:hh)	Finishing Place
1		BARON	Lilou		02/06/05	FRA	Sausset Les Pins	ASPTT Manosque	5:56:38	1
2		PLASKACZ	Camille		09/08/05	FRA	Sausset Les Pins	Pentathlon Pennois	5:56:53	2
3		GERARD	Lina		14/09/06	FRA	Sausset Les Pins	Alpha Provence	7:18:44	3
4		RACHEDI	Gala		19/03/05	FRA	Sausset Les Pins	Alpha Provence	7:23:32	4
5		GOYER	Lyne		13/01/06	FRA	Sausset Les Pins	AUC Aix en Provence	7:37:38	5
6		BARABAN	Emma		07/04/05	FRA	Sausset Les Pins	Pentathlon Pennois	7:57:13	6
7		MINGUELLA	Manon		25/05/06	FRA	Sausset Les Pins	AUC Aix en Provence	7:58:28	7
8		GUIMBRETIERE	Michelle Paula		09/07/05	FRA	Sausset Les Pins	AUC Aix en Provence	8:00:08	8
9		ROULLEAU	Chiara		13/10/06	FRA	Sausset Les Pins	Pentathlon Pennois	8:08:16	9
10		BERNARD	France		23/09/05	FRA	Sausset Les Pins	Pentathlon Pennois	8:32:06	10
11		POKOS	Yona		30/11/05	FRA	Sausset Les Pins	Pentathlon Pennois	8:57:06	11
12		SOULIER	Maëlle		04/12/05	FRA	Sausset Les Pins	ASPTT Manosque	DNF	
13									0:00:00	
14									0:00:00	
15									0:00:00	
16									0:00:00	
17									0:00:00	
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2017 UIPM LASER RUN CITY TOUR (LRCT)										
Sausset Les Pins - 08/04/2017										
START & RESULTS LISTS TEMPLATE										
INDIVIDUAL COMPETITION										
Elite Division or Open Division (please write relevant): Division Elite										
Age Group		U15			Gender		Feminin			
Running Sequence		3 x 400m			Shooting Distance		7m			
Heat number or Final (please write relevant): Final										
#	Start Number	Athlete		UIPM ID for athlete	Date of Birth (dd/mm/yy)	Nation	City	School/ Club Name	Finishing Time (mm:ss:th)	Finishing Place
1		VIGNERON	Charlotte		29/03/04	FRA	Sausset les Pins	Alpha Provence	7:24:10	1
2		RACHEDI	Désirée		07/09/03	FRA	Sausset les Pins	Alpha Provence	7:33:00	2
3		GASSIER	Satine		08/01/04	FRA	Sausset les Pins	Alpha Provence	7:35:09	3
4		HEBRARD	Estelle		30/09/03	FRA	Sausset les Pins	AUC Aix en Provence	7:55:25	4
5		CASANOVAS	Maelys		02/05/03	FRA	Sausset les Pins	Alpha Provence	7:58:50	5
6		AZOU	Elisa		08/07/03	FRA	Sausset les Pins	AUC Aix en Provence	10:03:26	6
7		HARRAULT	Emy		26/04/03	FRA	Sausset les Pins	AUC Aix en Provence	10:39:52	7
8		TONCOURT	Iris		25/08/03	FRA	Sausset les Pins	AUC Aix en Provence	10:43:36	8
9									0:00:00	
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START & RESULTS LISTS TEMPLATE										
INDIVIDUAL COMPETITION										
Elite Division or Open Division (please write relevant): Elite Division										
Age Group		U19			Gender		Masculin			
Running Sequence		4 x 800m			Shooting Distance		10m			
Heat number or Final (please write relevant): Final										
#	Start Number	Athlete		UIPM ID for athlete	Date of Birth (dd/mm/yy)	Nation	City	School/ Club Name	Finishing Time (mm:ss.ss)	Finishing Place
1		FLEUROT	Ugo		29/06/01	FRA	Sausset Les Pins	Pentathlon Pennois	12:05:50	1
2		PERRIER	Melvin		31/07/02	FRA	Sausset Les Pins	Pentathlon Pennois	12:21:06	2
3		PERRIER	Kylvian		16/06/00	FRA	Sausset Les Pins	Pentathlon Pennois	12:32:15	3
4		RIBEYRON	Jules		31/07/00	FRA	Sausset Les Pins	St Max Penta	13:17:40	4
5		MONEGER	Lucas		22/11/99	FRA	Sausset Les Pins	St Max Penta	13:43:25	5
6		MICHEL	Paul		26/01/00	FRA	Sausset Les Pins	Alpha Provence	14:22:12	6
7		VILLARD	Olivier		14/08/01	FRA	Sausset Les Pins	Pentathlon Pennois	14:55:56	7
8		DAGATTI	hugo		23/09/00	FRA	Sausset Les Pins	AUC Aix en Provence	15:39:12	8
9		CARACENA	Anthony		16/11/99	FRA	Sausset Les Pins	Pentathlon Pennois	16:39:02	9
10									0:00:00	
11									0:00:00	
12									0:00:00	
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Elite Division or Open Division (please write relevant): Elite Division										
Age Group U19 Gender Feminin										
Running Sequence 4 x 400m Shooting Distance 10m										
Heat number or Final (please write relevant): Final										
#	Start Number	Athlete		UIPM ID for athlete	Date of Birth (dd/mm/yy)	Nation	City	School/ Club Name	Finishing Time (mm:ss.ss)	Finishing Place
		Surname	First Name							
1		MATHOT	Carla		06/07/02	FRA	Sausset Les Pins	Pentathlon Pennois	13:59:56	1
2		PIERRAT	Lisa		18/05/01	FRA	Sausset Les Pins	St Max Penta	14:24:58	2
3		BARTCZAK	Pauline		18/08/99	FRA	Sausset Les Pins	US Font Romeu	14:41:59	3
4		ROUX	Gladys		31/05/00	FRA	Sausset Les Pins	ASPTT Manosque	20:53:02	4
5		BALTHAZARD	Amandine		18/04/00	FRA	Sausset Les Pins	Pentathlon Pennois	21:18:51	5
6									0:00:00	
7									0:00:00	
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Elite Division or Open Division (please write relevant): Elite Division										
Age Group Juniors Gender Masculin										
Running Sequence 4 x 800m Shooting Distance 10m										
Heat number or Final (please write relevant): Final										
#	Start Number	Athlete		UIPM ID for athlete	Date of Birth (dd/mm/yy)	Nation	City	School/ Club Name	Finishing Time (mm:ss:hh)	Finishing Place
		Surname	First Name							
1		DELUSIER	Geoffrey		14/04/96	MON	Sausset Les Pins	Monaco	16:39:01	1
2		BERARD	Alban		22/03/97	FRA	Sausset Les Pins	Pentathlon Pennois	16:40:14	2
3		MAGRO	Clément		25/11/98	FRA	Sausset Les Pins	AUC Aix en Provence	16:49:02	3
4									0:00:00	
5									0:00:00	
6									0:00:00	
7									0:00:00	
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START & RESULTS LISTS TEMPLATE										
INDIVIDUAL COMPETITION										
Elite Division or Open Division (please write relevant): Elite Division										
Age Group		Junior			Gender		Feminin			
Running Sequence		4 x 800m			Shooting Distance		10m			
Heat number or Final (please write relevant): Final										
#	Start Number	Athlete		UIPM ID for athlete	Date of Birth (dd/mm/yy)	Nation	City	School/ Club Name	Finishing Time (mm:ss.ss)	Finishing Place
1		MIRMONT	Jessica		03/10/97	FRA	Sausset Les Pins	Pentathlon Pennois	16:48:59	1
2									0:00:00	
3									0:00:00	
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START & RESULTS LISTS TEMPLATE										
INDIVIDUAL COMPETITION										
Elite Division or Open Division (please write relevant): Elite Division										
Age Group		Seniors				Gender		Masculin		
Running Sequence		4 x 800m				Shooting Distance		10m		
Heat number or Final (please write relevant): Final										
#	Start Number	Athlete		UIPM ID for athlete	Date of Birth (dd/mm/yy)	Nation	City	School/ Club Name	Finishing Time (mm:ss.ss)	Finishing Place
		Surname	First Name							
1		BREUIL	Robin		12/05/94	FRA	Sausset Les Pins	Alpha Provence	11:59:00	1
2		HOLYST	Maurin		09/11/89	FRA	Sausset Les Pins	Alpha Provence	12:02:37	2
3		FLAYOLS	Grégory		27/05/95	FRA	Sausset Les Pins	St Max Penta	12:42:23	3
4		PERRIER	Jean-Christophe		07/11/69	FRA	Sausset Les Pins	Pentathlon Pennois	15:19:12	4
5		MICHELOSI	Johan		04/03/78	FRA	Sausset Les Pins	Alpha Provence	15:25:02	5
6		BARRIT	Eric		10/08/78	FRA	Sausset Les Pins	AUC Aix en Provence	16:19:00	6
7		GOISLARD	Thomas		05/10/77	FRA	Sausset Les Pins	Alpha Provence	16:22:05	7
8		SALOMON	Benoit		10/12/82	FRA	Sausset Les Pins	Pentathlon Pennois	16:32:34	8
9		CHAUVET	Romain		12/10/80	FRA	Sausset Les Pins	Pentathlon Pennois	16:38:00	9
10		DIESTE	Aymeric		16/03/78	FRA	Sausset Les Pins	Pentathlon Pennois	17:21:02	10
11		DENIEL	Julien		21/08/85	FRA	Sausset Les Pins	Alpha Provence	17:38:50	11
12		CAPPELIER	Antoine		23/03/94	FRA	Sausset Les Pins	Pentathlon Pennois	18:22:08	12
13		FOUREZ	Malween		29/05/84	FRA	Sausset Les Pins	Pentathlon Pennois	19:55:55	13
14									0:00:00	
15									0:00:00	
16									0:00:00	
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Sausset Les Pins - 08/04/2017										
START & RESULTS LISTS TEMPLATE										
INDIVIDUAL COMPETITION										
Elite Division or Open Division (please write relevant): Elite Division										
Age Group		Seniors			Gender		Feminin			
Running Sequence		4 x 800m			Shooting Distance		10m			
Heat number or Final (please write relevant): Final										
#	Start Number	Athlete		UIPM ID for athlete	Date of Birth (dd/mm/yy)	Nation	City	School/ Club Name	Finishing Time (mm:ss:bb)	Finishing Place
		Surname	First Name							
1		COGAN	Juliette		29/08/80	FRA	Sausset Les Pins	Pentathlon Allaudien	14:35:19	1
2		DENIEL	Gaëlle		27/03/82	FRA	Sausset Les Pins	Alpha Provence	18:24:15	2
3		GIGODEAUX	Camille		14/01/93	FRA	Sausset Les Pins	Pentathlon Pennois	20:17:15	3
4		POGGETTI	Elsa		01/01/89	FRA	Sausset Les Pins	Alpha Provence	20:19:40	4
5		LAFI	Leïla		13/10/81	FRA	Sausset Les Pins	Pentathlon Pennois	20:44:12	5
6		GOISLARD	Anaïs		08/12/79	FRA	Sausset Les Pins	Alpha Provence	21:07:00	6
7		FOUREZ	Severine		24/04/84	FRA	Sausset Les Pins	Pentathlon Pennois	25:32:22	7
8									0:00:00	
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INDIVIDUAL COMPETITION										
Elite Division or Open Division (please write relevant): Elite Division										
Age Group		Master 50+			Gender		Masculin			
Running Sequence		3 x 400m			Shooting Distance		7m			
Heat number or Final (please write relevant): Final										
#	Start Number	Athlete		UIPM ID for athlete	Date of Birth (dd/mm/yy)	Nation	City	School/ Club Name	Finishing Time (mm:ss.ss)	Finishing Place
1		DELUSIER	Denis		28/08/67	MON	Sausset Les Pins	Monaco	5:51:16	
2		PARIS	Eric		31/07/64	FRA	Sausset Les Pins	St Max Penta	5:56:18	
3		JOAQUIM	José		27/06/63	FRA	Sausset Les Pins	St Max Penta	6:18:55	
4		FERAUD	Gérard		15/05/62	FRA	Sausset Les Pins	St Max Penta	6:22:44	
5		DIARD	Eric		21/07/65	FRA	Sausset Les Pins	Pentathlon Pennois	7:19:44	
6									0:00:00	
7									0:00:00	
8									0:00:00	
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